

CARIBBEAN FOOD GROUPS BINGO!

How to Play

1. Write the names of the foods in the correct Food Group spaces.
2. Circle one food in each group that you like or would eat.
3. When the group leader calls out the name of the food you circled, cover it with the Food Group label.
4. When all six Food Group labels are in place on the map shout "**Bingo!**"
5. The game continues until everyone has shouted "**Bingo!**"

Fats & Oils

Foods from Animals

Legumes

Fruits

Vegetables

Staples

